



OCR in SEAG: Schedule of Activities and Format of Matches

	Number	Monday 12.02	Wednesday 12.04
100m x 10 Obstacles	8 male athletes and 8 female athletes (maximum of 2 athletes/ country x 4 countries)	<p>Opening Ceremonies (7:00 a.m.)</p> <p>Heats (7:30 a.m.) (1 each for male and female)</p> <p>Athlete/ Country Bracket 1 PHL 1 vs. MAS 1 INA 1 vs. LAO 1 MAS 1 vs. LAO 1 PHL 1 vs. INA 1 INA 1 vs. MAS 1 LAO 1 vs. PHL 1</p> <p>Athlete/ Country Bracket 2 PHL 2 vs. MAS 2 INA 2 vs. LAO 2 MAS 2 vs. LAO 2 PHL 2 vs. INA 2 INA 2 vs. MAS 2 LAO 2 vs. PHL 2</p> <ul style="list-style-type: none"> ○ Overall Flow: Female (2 brackets), then Male (2 brackets) ○ 12 head-to-head matches each for male and female categories (total of 24 match-ups) 	<p>Finals (10:00 a.m.) (1) Top 3-4 (2) Top 1-2</p> <ul style="list-style-type: none"> ○ Overall Flow: <ol style="list-style-type: none"> 1. Female Top 3-4 and Top 1-2, then awarding 2. Male Top 3-4 and Top 1-2, then awarding

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		<ul style="list-style-type: none"> ○ An athlete will only race 3x against the athlete from 3 other countries in the same bracket ○ Lots will be drawn by the 8 athletes (male and female) to determine which bracket they belong to (Athlete 1 bracket or Athlete 2 bracket) ○ In each athlete bracket, single round robin head-to-head matches ○ No cross-over between athletes of different brackets ○ Lots will be drawn to determine order of play (alternating between Athlete 1 and 2 brackets) ○ The choice of lane (1 or 2), for every match-up, shall be by coin toss ○ The 4 fastest times (4 athletes among the 8 athletes) will move to the Finals 	<ul style="list-style-type: none"> ○ 4 head-to-head matches each for male and female categories (total of 8 match-ups) ○ An athlete will only race twice ○ Order of play (Top 3-4, then Top 1-2) ○ For 1st matchup, choice of lane by coin toss (2nd matchup, switch lanes) ○ The winner shall be based on best of 2 attempts/ runs (not accumulated time) ○ Medal presentation follows
400m x 12 Obstacles Team Assist	4 teams (1 team/ country x 4 countries; each team has 2 male and 2 female athletes)	Heats (9:30 a.m.) PHL vs. MAS INA vs. LAO MAS vs. LAO PHL vs. INA INA vs. MAS LAO vs. PHL	Finals (7:00 a.m.) (1) Top 3-4 (2) Top 1-2
		<ul style="list-style-type: none"> ○ 6 head-to-head matches 	<ul style="list-style-type: none"> ○ 4 head-to-head matches between

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		<ul style="list-style-type: none"> ○ Single round round-robin ○ Each team will only race 3x (against teams of 3 other countries) ○ Lots will be drawn to determine order of play ○ Choice of lane by coin toss for every matchup ○ All Teams will be ranked based on fastest times of each Team (best time of Team out of 3 attempts) ○ The fastest 1st and 2nd times will vie for the gold/ 1st place and silver/ 2nd place while the fastest 3rd and 4th times for the 3rd place/ bronze medal in the Finals 	<p>the fastest 2 times, and fastest 3rd and 4th times</p> <ul style="list-style-type: none"> ○ Choice of lane by coin toss for 1st matchup, then switch lanes ○ The winner shall be based on best of 2 attempts/ runs (not accumulated time) ○ Medal presentation follows
400m x 12 Obstacles Team Relay	4 teams (1 team/ country x 4 countries; each team has 2 male and 2 female athletes)	Heats (11:00 a.m.) PHL vs. MAS INA vs. LAO MAS vs. LAO PHL vs. INA INA vs. MAS LAO vs. PHL	Finals (8:30 a.m.) Top 1-2
		<ul style="list-style-type: none"> ○ 6 head-to-head matches ○ Single round round-robin ○ Each team will only race 3x (against teams of 3 other countries) ○ Lots will be drawn to determine order of 	<ul style="list-style-type: none"> ○ 4 head-to-head matches between the fastest 2 times, and fastest 3rd and 4th times ○ Choice of lane by coin toss for 1st matchup, then switch lanes

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		<ul style="list-style-type: none"> play ○ Choice of lane by coin toss for every matchup ○ All Teams will be ranked based on fastest times of each Team (best time of Team out of 3 attempts) ○ The fastest 1st and 2nd times will vie for the gold/ 1st place and silver/ 2nd place while the fastest 3rd and 4th times for the 3rd place/ bronze medal in the Finals 	<ul style="list-style-type: none"> ○ The winner shall be based on best of 2 attempts/ runs (not accumulated time) ○ Medal presentation follows
		---	Friday 12.06
5k	8 male athletes and 8 female athletes (2 athletes/ country x 4 countries)	(No heats/ eliminations)	Finals (7:00 a.m.) Female (7:00 a.m.) Male (8:00 a.m.)
			<ul style="list-style-type: none"> ○ Mass start (1 wave per gender) ○ Ranking (1st, 2nd and 3rd placers) based on outcome of race ○ Medal presentation follows