



## OCR in SEAG: Schedule of Activities and Format of Matches

	<b>Number</b>	<b>Monday 12.02</b>	<b>Wednesday 12.04</b>
<b>100m x 10 Obstacles</b>	8 male athletes and 8 female athletes (maximum of 2 athletes/ country x 4 countries)	<p><b>Opening Ceremonies (7:00 a.m.)</b></p> <p><b>Heats (7:30 a.m.)</b> (1 each for male and female)</p> <p>Athlete/ Country Bracket 1            PHL 1 vs. MYS 1            INA 1 vs. LAO 1            MYS 1 vs. LAO 1            PHL 1 vs. INA 1            INA 1 vs. MYS 1            LAO 1 vs. PHL 1</p> <p>Athlete/ Country Bracket 2            PHL 2 vs. MYS 2            INA 2 vs. LAO 2            MYS 2 vs. LAO 2            PHL 2 vs. INA 2            INA 2 vs. MYS 2            LAO 2 vs. PHL 2</p> <ul style="list-style-type: none"> <li>○ Overall Flow: Female (2 brackets), then Male (2 brackets)</li> <li>○ 12 head-to-head matches each for male and female categories (total of 24 match-ups)</li> </ul>	<p><b>Finals (10:00 a.m.)</b>            (1) Top 3-4            (2) Top 1-2</p> <ul style="list-style-type: none"> <li>○ Overall Flow:               <ol style="list-style-type: none"> <li>1. Female Top 3-4 and Top 1-2, then awarding</li> <li>2. Male Top 3-4 and Top 1-2, then awarding</li> </ol> </li> </ul>

	<b>Number</b>	<b>Monday 12.02</b>	<b>Wednesday 12.04</b>
		<ul style="list-style-type: none"> <li>○ An athlete will only race 3x against the athlete from 3 other countries in the same bracket</li> <li>○ Lots will be drawn by the 8 athletes (male and female) to determine which bracket they belong to (Athlete 1 bracket or Athlete 2 bracket)</li> <li>○ In each athlete bracket, single round robin head-to-head matches</li> <li>○ No cross-over between athletes of different brackets</li> <li>○ Lots will be drawn to determine order of play (alternating between Athlete 1 and 2 brackets)</li> <li>○ The choice of lane (1 or 2), for every match-up, shall be by coin toss</li> <li>○ The 4 fastest times (4 athletes among the 8 athletes) will move to the Finals</li> </ul>	<ul style="list-style-type: none"> <li>○ 4 head-to-head matches each for male and female categories (total of 8 match-ups)</li> <li>○ An athlete will only race twice</li> <li>○ Order of play (Top 3-4, then Top 1-2)</li> <li>○ For 1<sup>st</sup> matchup, choice of lane by coin toss (2<sup>nd</sup> matchup, switch lanes)</li> <li>○ The winner shall be based on best of 2 attempts/ runs (not accumulated time)</li> <li>○ Medal presentation follows</li> </ul>
<b>400m x 12 Obstacles Team Assist</b>	4 teams (1 team/ country x 4 countries; each team has 2 male and 2 female athletes)	<b>Heats (9:30 a.m.)</b> PHL vs. MYS INA vs. LAO MYS vs. LAO PHL vs. INA INA vs. MYS LAO vs. PHL	<b>Finals (7:00 a.m.)</b> (1) Top 3-4 (2) Top 1-2
		<ul style="list-style-type: none"> <li>○ 6 head-to-head matches</li> </ul>	<ul style="list-style-type: none"> <li>○ 4 head-to-head matches between</li> </ul>

	<b>Number</b>	<b>Monday 12.02</b>	<b>Wednesday 12.04</b>
		<ul style="list-style-type: none"> <li>○ Single round round-robin</li> <li>○ Each team will only race 3x (against teams of 3 other countries)</li> <li>○ Lots will be drawn to determine order of play</li> <li>○ Choice of lane by coin toss for every matchup</li> <li>○ Each team shall use inner and outer lanes once each</li> <li>○ All Teams will be ranked based on fastest times of each Team (best time of Team out of 3 attempts)</li> <li>○ The fastest 1<sup>st</sup> and 2<sup>nd</sup> times will vie for the gold/ 1<sup>st</sup> place and silver/ 2<sup>nd</sup> place while the fastest 3<sup>rd</sup> and 4<sup>th</sup> times for the 3<sup>rd</sup> place/ bronze medal in the Finals</li> </ul>	<ul style="list-style-type: none"> <li>the fastest 2 times, and fastest 3<sup>rd</sup> and 4<sup>th</sup> times</li> <li>○ Choice of lane by coin toss for 1<sup>st</sup> matchup, then switch lanes</li> <li>○ The winner shall be based on best of 2 attempts/ runs (not accumulated time)</li> <li>○ Medal presentation follows</li> </ul>
<b>400m x 12 Obstacles Team Relay</b>	4 teams (1 team/ country x 4 countries; each team has 2 male and 2 female athletes)	<b>Heats (11:00 a.m.)</b> PHL vs. MYS INA vs. LAO MYS vs. LAO PHL vs. INA INA vs. MYS LAO vs. PHL	<b>Finals (8:30 a.m.)</b> Top 1-2
		<ul style="list-style-type: none"> <li>○ 6 head-to-head matches</li> <li>○ Single round round-robin</li> <li>○ Each team will only race 3x (against teams</li> </ul>	<ul style="list-style-type: none"> <li>○ 4 head-to-head matches between the fastest 2 times, and fastest 3<sup>rd</sup> and 4<sup>th</sup> times</li> <li>○ Choice of lane by</li> </ul>

	<b>Number</b>	<b>Monday 12.02</b>	<b>Wednesday 12.04</b>
		of 3 other countries) ○ Lots will be drawn to determine order of play ○ Choice of lane by coin toss for every matchup ○ Each team shall use inner and outer lanes once each ○ All Teams will be ranked based on fastest times of each Team (best time of Team out of 3 attempts) ○ The fastest 1 <sup>st</sup> and 2 <sup>nd</sup> times will vie for the gold/ 1 <sup>st</sup> place and silver/ 2 <sup>nd</sup> place while the fastest 3 <sup>rd</sup> and 4 <sup>th</sup> times for the 3 <sup>rd</sup> place/ bronze medal in the Finals	coin toss for 1 <sup>st</sup> matchup, then switch lanes ○ The winner shall be based on best of 2 attempts/ runs (not accumulated time) ○ Medal presentation follows
		---	<b>Friday 12.06</b>
<b>5k</b>	8 male athletes and 8 female athletes (2 athletes/ country x 4 countries)	(No heats/ eliminations)	<b>Finals (7:00 a.m.)</b> Female (7:00 a.m.) Male (8:00 a.m.)  ○ Mass start (1 wave per gender) ○ Ranking (1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> placers) based on outcome of race ○ Medal presentation follows